

Autumn / Winter  
2023/2024  
4/9, 25/9, 16/10, 6/11, 27/11,  
18/12, 8/1, 29/01

# What's On The Menu?

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

## Chicken & Vegetable Meatballs

in Tomato Sauce  
with  
Pasta Twirlers

## Mild Chicken Curry

with  
Whole Grain Rice

## Sausages

with  
Mashed Potatoes and Gravy

## BBQ Drizzle Pizza

with  
Baked Potato Wedges

## Golden Fish Fingers

with  
Chips & Baked Beans



## Sweet Chilli Vegetable Stir Fry

with  
Whole Grain Rice

## Cheesy Broccoli Pasta Bake

## Homemade Cheese and Leek Sausages

with  
Mashed Potatoes and Gravy

Tarka Dhal Curry  
(Veggie Lentil Curry)  
with Whole Grain Rice

## Pizza Margherita

with  
Chips

Hot Tomato Pasta  
with Homemade Tomato  
Sauce

Hot Tomato Pasta  
with Homemade Tomato  
Sauce

Hot Tomato Pasta  
with Homemade Tomato  
Sauce

Hot Tomato Pasta  
With Homemade Tomato  
Sauce

Hot Tomato Pasta  
with Homemade Tomato  
Sauce

Crispy Skin Jacket Potatoes  
with Cheese or Beans

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with Cheese or Beans

Crispy Skin Jacket Potatoes  
with Cheese or Beans

Mixed Salad

Green Beans

Broccoli

Peas

Baked Beans

Daily salad bowl and freshly baked bread available every day  
Cut Fruit, Yoghurt and Jelly available every day.



Toffee Sponge and Custard

Jelly and Fruit Slices

Tropical Pineapple  
Crumble and Custard

Orange Cookie

Vanilla Ice Cream

**FOOD  
FESTIVAL**  
By Aspens

AVAILABLE  
EVERY DAY



Homemade Bread, Salad,  
Choice of Fresh Fruit & Yoghurt



Week  
One

Autumn / Winter  
2023/2024  
11/9, 2/10, 23/10, 13/11,  
4/12, 25/12, 15/1, 5/2

# What's On The Menu?

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



**Toad in the Whole**  
with  
Oven Baked Wedges

**Chicken Fajita**  
with  
Whole Grain Rice

**Minced Beef and Onion Pie**  
with  
Mash

**Chicken Chow Mein**  
(Noodles)

**Golden Fish Fingers**  
with  
Chips & Baked Beans



**Cauliflower Cheese**  
with  
Oven Baked Wedges

**Veggie Nachos**  
with Cheese and  
Whole Grain Rice

**Super Veggie Pie**  
Vegetable, Lentil and Onion  
Pie with Mash

**Margherita Pizza**  
with  
Potato Wedges

**Tomato Quiche**  
with  
Chips



**Hot Tomato Pasta**  
with Homemade Tomato  
Sauce

**Hot Tomato Pasta**  
with Homemade Tomato  
Sauce

**Hot Tomato Pasta**  
with Homemade Tomato  
Sauce

**Hot Tomato Pasta**  
with Homemade Tomato  
Sauce

**Hot Tomato Pasta**  
with Homemade Tomato  
Sauce



**Crispy Skin Jacket Potatoes**  
with Cheese or Beans

**Crispy Skin Jacket Potatoes**  
with Cheese or Beans

**Crispy Skin Jacket Potatoes**  
with Cheese or Beans

**Crispy Skin Jacket Potatoes**  
with Cheese or Beans

**Crispy Skin Jacket Potatoes**  
with Cheese or Beans

Green Beans

Green Salad

Carrots

Sweetcorn

Baked Beans

Daily salad bowl and freshly baked bread available every day  
Cut Fruit, Yoghurt and Jelly available every day.



Banana Sponge

Jammy Crumble

Apple Crumble and Custard

Orange Jelly

Vanilla Ice Cream

**FOOD  
FESTIVAL**  
By Aspens

AVAILABLE  
EVERY DAY



Homemade Bread, Salad,  
Choice of Fresh Fruit & Yoghurt



Week  
Two

Autumn / Winter  
2023/2024  
18/9, 9/10, 30/10, 20/11,  
11/12, 01/01, 22/01 12/02

# What's On The Menu?

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



**BBQ Chicken**  
with  
Baked Potato Wedges

**Margherita Pizza**  
and  
Pasta Salad

**Roast Gammon**  
with  
Roast Potatoes  
and Gravy

**BBQ Drizzle Pizza**  
with  
Baked Potato Wedges

**Golden Fish Fingers**  
with  
Chips & Baked Beans



**Baked Mac and Cheese**

**Mixed Vegetable Korma**  
with  
Whole Grain Rice

**Quorn Roast**  
with  
Roast Potatoes and Gravy

**Roasted Vegetable Pasta Bake**

**Golden Vegetable Fingers**  
with  
Baked Beans & Chips



**Hot Tomato Pasta**  
with Homemade Tomato  
Sauce

**Hot Tomato Pasta**  
with Homemade Tomato  
Sauce

**Hot Tomato Pasta**  
with Homemade Tomato  
Sauce

**Hot Tomato Pasta**  
with Homemade Tomato  
Sauce

**Hot Tomato Pasta**  
with Homemade Tomato  
Sauce



**Crispy Skin Jacket Potatoes**  
with Cheese or Beans

**Crispy Skin Jacket Potatoes**  
with Cheese or Beans

**Crispy Skin Jacket Potatoes**  
with Cheese or Beans

**Crispy Skin Jacket Potatoes**  
with Cheese or Beans

**Crispy Skin Jacket Potatoes**  
with Cheese or Beans

Green Beans

Broccoli

Carrots

Peas

Baked Beans

Daily salad bowl and freshly baked bread available every day.  
Cut Fruit, Yoghurt and Jelly available every day.



**Watermelon Wedge**

**Chocolate Crunch**

**Oaty Apple Crunch Slice**

**Strawberry Jelly**

**Vanilla Ice Cream**

**FOOD  
FESTIVAL**  
By Aspens

AVAILABLE  
EVERY DAY



Homemade Bread, Salad,  
Choice of Fresh Fruit & Yoghurt



**Week  
Three**